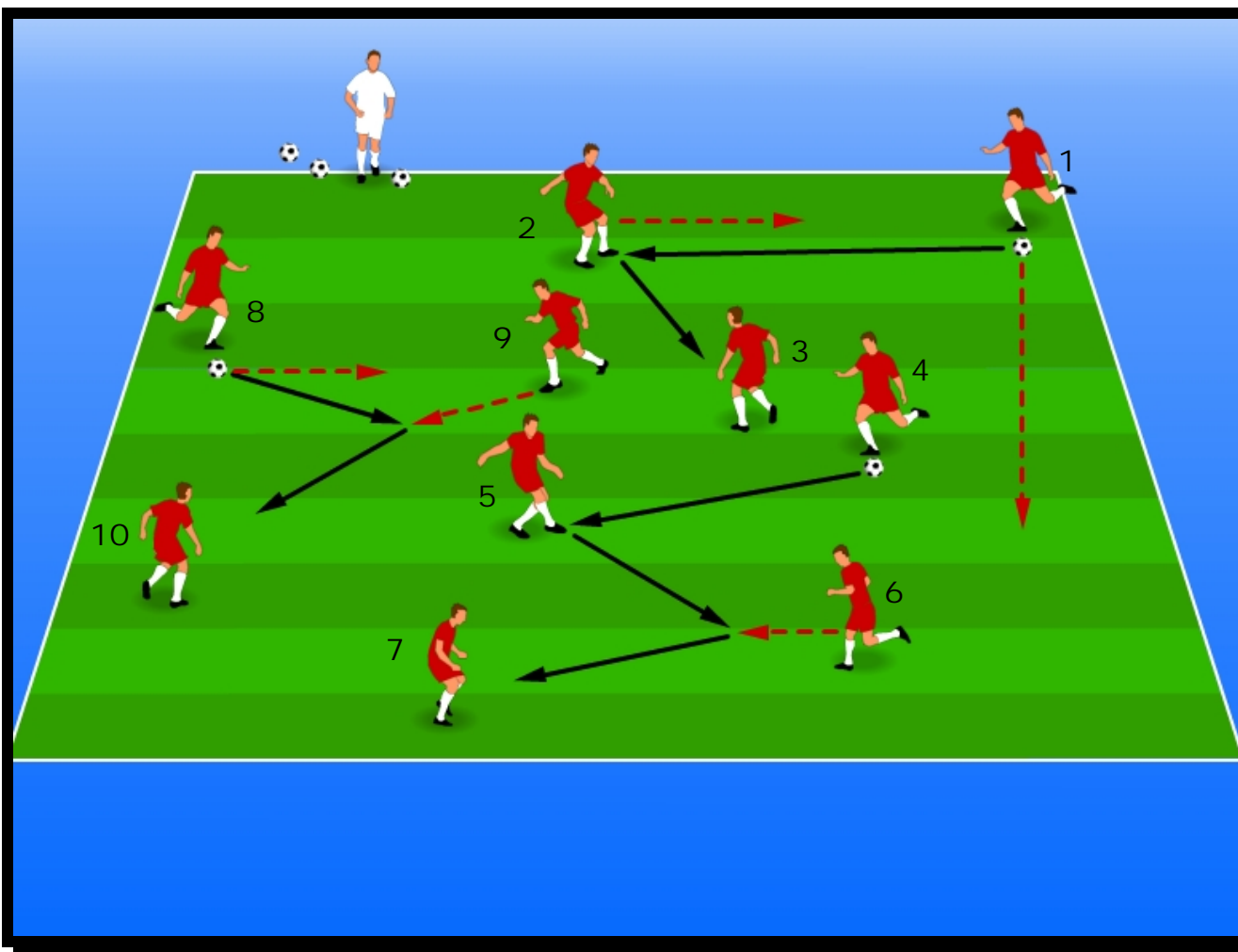


## By the Numbers

## Fundamental

## Passing



**Set Up:** Ten players are set up inside of the large grid.

**Procedure:** During play, the ten players pass three balls around the field in sequence, with Player 1 passing to Player 2, Player 2 passing to Player 3 and so on, until the ball reaches Player 10. Player 10 then passes to Player 1, and the cycle continues. The conditions of the drill may vary during play (see Progressions), and the direction of play can be reversed at any time.

**Teaching Topics:**

- 1 Verbal and visual cues.
- 2 Preparing to pass.
- 3 Runs without the ball.

**Progressions:**

- 1 One or two touch limit.

**Coaching Points:**

- 1 Players should make eye contact and talk on every pass.
- 2 Players waiting to receive should not hide in traffic (aka 'hiding in dead space').
- 3 The passer should look up and check the target again just before striking the pass.